

ONE STEP TO FREEDOM: STUDENT EDITION
CHAPTER 1: Planning For Victory

Lesson 1
A PLAN FOR VICTORY

*“But thanks be to God, who gives us the victory through our Lord Jesus Christ”
(1 Corinthians 15:57).*

The One Step To Freedom Bible study will help a believer in Jesus Christ to overcome sin by learning principles from God’s Word that leads to restoration and wholeness. Read the information below and write out the Scriptures.

1. First, repent of your sin. Begin today by making a daily commitment in seeking God’s will for your life and trusting Him.

Matthew 6:33: But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

Write Psalm 18:30.

2. Examine your lifestyle. Pray and ask God to pinpoint your problems and issues. See God will empower you to do so.

Psalm 26:2: Examine me, O Lord, and prove me; try my mind and my heart

Write Psalm 139:23-24.

3. Work closely with one of the counselors at this Bible study. They are here to help and encourage you on difficult days, especially when you feel tempted to sin. Call, text or e-mail frequently for prayer

Proverbs 11:14: Where there is no counsel, the people fall; but in the multitude of counselors there is safety.

Write Proverbs 15:22.

4. Stop associating with companions who may tempt you into sin. The Word of God (the Bible) clearly warns, “Do not be deceived, bad company corrupts good habits.”

1 Corinthians 15:33: Do not be deceived: “Evil company corrupts good habits.”

Write Ephesians 5:6-7.

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5. Develop friendships that will encourage you to grow in your faith. Your whole life may need to be restructured, but God's desire is that you be built up in the knowledge of Him; and this includes good fellowship with other believers.

2 Timothy 2:22: Flee also youthful lusts; but pursue righteousness, faith, love, peace with those who call on the Lord out of a pure heart.

Write 3 John 1:11.

6. Grow in the Lord. This includes a meaningful commitment to daily Bible study, prayer, and consistent church attendance. This is how you become strong in the Lord. If you lack desire in these areas, ask the Lord to change your heart

Psalm 1:2-3: But his delight is in the law of the Lord, and in His law he meditates day and night. He shall be like a tree planted by the rivers of water, that brings forth its fruit in its season, whose leaf also shall not wither; and whatever he does shall prosper

Write Psalm 51:10.

Write Hebrews 10:24-25.

6. Submit to God's will for your life. As you do, He will pour out His Holy Spirit into your heart and empower you to overcome the temptation to sin. It is in this kind of commitment that God is glorified in our lives, and we begin to truly understand His incredible, perfect love for us and His purpose for creating us.

John 15:5: (Jesus said) "I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing."

Write Romans 12:1.

Write Galatians 5:16.

Begin to apply these guidelines today. By the grace of God, you can be honest before the Lord and learn principles from His Word, which will transform your thinking and help you see life from His perspective. It will not be easy, but as you truly trust in Jesus, you will have victory.